

Save a life

What everyone should know
to stop bleeding after an injury



Ensure your safety.



Look for **life-threatening bleeding**.



Is a **trauma first-aid kit** available?



No



Yes



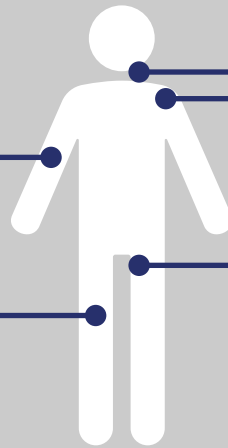
Use any **clean cloth**.



Apply steady **direct pressure** directly on the wound.

Where is the wound?

Arm
Leg



Neck
Shoulder
Groin

Is a **tourniquet** available?

Yes

No



Apply **above the bleeding site**.



Tighten until the bleeding stops.



Pack the wound with bleeding control (hemostatic) gauze (preferred), any gauze, or clean cloth.



Apply steady **direct pressure**.